

2023-2024
LAKOTA EAST HIGH SCHOOL
BOYS VOLLEYBALL PROGRAM

2019, 2018, 2017, 2016, 2015 GMC Champions
2019 Regional Champion, 2019 State Quarter-Finalist
2021 & 2022 Regional Runner-Up

HOME PRACTICE FACILITY – Lakota East High School Main Gym, Freshmen Gym

TEAMS – Varsity, JVA, & JVB

OPEN GYMS AND WEIGHT-LIFTING – Open gyms and weight-lifting begin in November for all interested candidates. While these open gyms and weight-lifting sessions are not mandatory, they are strongly encouraged and recommended! No prior volleyball experience is required to attend. Follow us on Twitter & Instagram @lehsmenvball, on Facebook at Lakota East Men's Volleyball, and listen to school announcements for dates/times for pre-season open gyms and weight-lifting. Please be sure to sign up for boys volleyball on Final Forms to receive communication via email.

CAMP DATES – TBA

TRYOUT INFORMATION – Already took place

PRACTICE TIMES – Varsity 3:15-5:15pm, JVA 4:30-6:30pm, JVB 4-6pm

STUDENT PRE-PARTICIPATION PHYSICAL FORMS – All physicals must be turned in to the coach, athletic trainer, or athletic department office prior to tryouts. **NO PHYSICAL = NO PARTICIPATION!** All other forms are made available through the Final Forms system. Visit the link below to sign up for boys volleyball on Final Forms.

<https://lakota-oh.finalforms.com/>

PARENT/ STUDENT-ATHLETE MEETING – There will be a Spring Sports Meet the Team Night and a parent/player meeting that will take place after tryouts. It is **MANDATORY** that at least one parent and the student-athlete be in attendance for both events.

SPECIAL EVENTS

- Youth Night – 4/11
- Senior Night – TBA

FOR ADDITIONAL INFORMATION you may contact the head coach, Bryant Kuhlman at bryant.kuhlman@lakotaonline.com. Follow us on Twitter & Instagram @lehsmenvball, on Facebook at Lakota East Men's Volleyball, and listen to school announcements for dates/times for high school open gyms and weight-lifting. Please also be sure to sign up for boys volleyball on Final Forms to receive communication regarding open gyms and weight-lifting. Email Coach Kuhlman at bryant.kuhlman@lakotaonline.com for recommendations on summer volleyball opportunities and club volleyball information.